

Ella J. Siegrist  
 ellasiegrist@wustl.edu  
 Department of Sociology  
 1 Brookings Drive  
 St. Louis, MO 63130

## EDUCATION

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**Doctor of Philosophy in Sociology** In Progress (ABD)  
 Washington University in St. Louis, St. Louis MO  
 Dissertation: *Mountaineers Are Not Always Free: Incarceration in Central Appalachia since 1870*  
 Committee: David Cunningham (chair), Kenneth Andrews, Yannick Coenders, and Margot Moinester  
 Graduate Certificate in American Cultural Studies May 2024

**Master of Arts in Sociology** May 2021  
 University of New Mexico, Albuquerque NM  
 Master's Thesis, with distinction: *Racialized Carceral Consequences: Paternal Incarceration and the Well-Being of Black and White Mothers*

**Bachelor of Arts in Sociology and Anthropology** May 2019  
 Warren Wilson College, Asheville NC  
 Minor: Peace and Justice Studies  
 Senior Thesis: *Birth from Without: Risk Perception and Maternal Autonomy*

## RESEARCH INTERESTS

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Sociology of Punishment, Medical Sociology, Law and Society, Rural Sociology

## FELLOWSHIPS, HONORS, AND AWARDS

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Sociology Department Research Grant | Washington University (\$500) July 2023  
 AMCS Small Research Grant | American Cultural Studies (\$800) June 2023  
 Harvey Fellow in American Culture Studies | Washington University (\$18,000) 2021 – 2027  
 Graduate Policy Scholar Program | Clark Fox Policy Institute 2021 – 2022  
 CRE<sup>2</sup> Small Research Grant | Center for the Study of Race, Ethnicity, and Equity (\$1,000) December 2021  
 Graduate Student Paper Award | University of New Mexico Sociology May 2021  
 Community Engagement Honor Roll | Warren Wilson College May 2019  
 Dean's List | Warren Wilson College 2014 – 2019  
 Presidential Scholarship for Academic Excellence | Warren Wilson College 2014 – 2019

## PUBLICATIONS

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Sherpa, Mingma, **Ella J. Siegrist**, Jamie Krashin, Karen Chong, Andrew Sussman, Brenda Pereda, Larissa Myaskovsky, Victoria Medina, and Julissa Zambrano. 2026. "Patient and Provider Perspectives on Thrombotic Risk and Progestin-Based Contraception." Forthcoming in *Southern Medical Journal*.

**Siegrist, Ella J.**, and Lisa Brody. 2025. "How Jailed Mothers Envision Future Motherhood in the Context of State Intrusion: Fawn, Flight, or Fight." *Journal of Contemporary Criminal Justice* 0(0):1-17.

Broidy, Lisa and **Ella J. Siegrist**. 2023. "Prioritizing Protection: Jailed Women's Narrative Strategies for Sustaining a 'Good' Mother Identity." *Feminist Criminology* 0(0):1-28.

Moinester, Margot, Ariela Schachter, and **Ella J. Siegrist**. 2022. "Disparities in Loss from COVID-19: Comparing Across and Among First- and Second-Generation Latinx and Asian Adults." *Socius* 8:1-3.

Denman, Kristine, and **Ella J. Siegrist**. 2022. *Impact of Bail Reform in Six New Mexico Counties*. Institute for Social Research, University of New Mexico. Project was supported by Grant 2019-86-CX-K024 from the State Justice Statistics Program and the New Mexico Sentencing Commission.

**Siegrist, Ella J.** 2021. *Wellbeing of Families and the Legal System*. Center for Women in Transition. St. Louis, Missouri.

Denman, Kristine, **Ella J. Siegrist**, Joel Robinson, Ashleigh Maus, and Jenna Dole. 2021. *Bail Reform: Motions for Pretrial Detention and Their Outcomes*. Institute for Social Research, University of New Mexico. Project was supported by Grant 2019-86-CX-K024 from the State Justice Statistics Program.

**Siegrist, Ella J.**, Jenna L. Dole, Kristine Denman, Ashleigh Maus, Joel Robinson, Callie Dorsey, and Graham White. 2020. *Implementing Bail Reform in New Mexico: A Qualitative Analysis*. Institute for Social Research, University of New Mexico. Project was supported by Grant 2018-86-CX-K024 from the State Justice Statistics Program.

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## PUBLIC SOCIOLOGY

**Ella Siegrist**. "[Health, family justice needed in Missouri prisons](#)." *The St. Louis American*. February 9, 2022.

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## OTHER WORKS IN PROGRESS

Siegrist, Ella J. "'Chart Like it May One Day Be Read in a Deposition': Manufacturing Legal Immunity in Carceral Healthcare." *In process*.

Siegrist, Ella J. "Reproduction Imprisoned: A Call for Sociological Inquiry into Carceral Reproductive Medicine." *In process*.

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## RESEARCH EXPERIENCE

**Structured Research Experience** | Washington University in St. Louis August 2021 – May 2022  
*National Study of the Fear of Deportation*

- Worked with Drs. Margot Moinester and Ariela Schachter to analyze data from fear of deportation survey
- Prepared manuscripts outlining key findings

**Research Assistant** | Washington University in St. Louis June – August 2021  
*National Study of the Fear of Deportation*

- Assisted Drs. Margot Moinester and Ariela Schachter with a study of fear of deportation
- Ran descriptive statistics and preliminary analyses

### **Institute for Social Research**

Program Assistant | New Mexico Statistical Analysis Center January 2020 – September 2022

- Developed skills in applied research, including an evaluation of bail reform policy in New Mexico
- Coded qualitative data in Atlas.ti and conducted analyses of interviews with legal system stakeholders
- Ran quantitative analyses of legal system data using SPSS

**Research Assistant** | University of New Mexico

Fall 2019

*Jailed Women's Narrative Strategies for Sustaining a 'Good' Mother Identity*

- Assisted Dr. Lisa Broidy with a qualitative study of the effects of jailtime on mothers
- Conducted literature review
- Coded and analyzed data

## PRESENTATIONS and PANELS

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**“Carceral Dependence: Federal Opportunity and Criminal-Legal Expansion in West Virginia.”** August 2026. American Sociological Association, Annual Conference. *New York City, New York.*

**“Mountaineers are Not Always Free: Incarceration and Labor Politics in West Virginia.”** July 2026. Rural Sociological Society, Annual Conference. *Raleigh, North Carolina.*

**“Mountaineers are Not Always Free: Incarceration and Labor Politics in West Virginia.”** April 2026. *University of North Carolina—Asheville, Department of Sociology. Asheville, North Carolina.*

**“Carceral Appalachia: West Virginia’s Penal History and Rural Jailing Today.”** April 2026. Warren Wilson College, Guest Lecture. *Asheville, North Carolina.*

**“Mass Incarceration as a Public Health Crisis: Local and National Perspectives.”** November 2023. Washington University Gephardt Institute, *St. Louis, Missouri.*

**“Chart Like it May One Day Be Read in a Deposition’: Manufacturing Legal Immunity in Carceral Reproductive Healthcare.”** May 2023. Law & Society Association, Annual Conference. *San Juan, Puerto Rico.*

**“Race, Gender, and Citizenship: An Intersectional Framework for Understanding Latinx Reproduction and Resistance.”** August 2022. American Sociological Association, Annual Conference. *Los Angeles, CA.*

**“Race, Gender, and Citizenship: An Intersectional Framework for Understanding Latina Women’s Reproduction and Resistance.”** February 2022. Sociologists for Women in Society, Winter Conference. *Albuquerque, New Mexico.*

**“Racialized Carceral Consequences: Paternal Incarceration and the Well-Being of Black and White Mothers.”** July 2021. Sociologists for Women in Society, Summer Conference. *Presented Virtually.*

## TEACHING EXPERIENCE

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**Adjunct Faculty** | Asheville-Buncombe Technical College Spring 2026

*Course:* Sociology 210: Introduction to Sociology

**Adjunct Faculty** | Prison Education Program at University of North Carolina Asheville Fall 2025

*Course:* Sociology 100: Introduction to Sociology

**Adjunct Faculty** | Asheville-Buncombe Technical College Fall 2025

*Course:* Sociology 210: Introduction to Sociology

*Course:* Humanities 115: Critical Thinking through Global Conflict

**Adjunct Faculty** | Prison Education Program at University of North Carolina Asheville Summer 2025

*Course:* Sociology 100: Introduction to Sociology

**Teaching Faculty** | Prison Education Project at Washington University Fall 2024

*Course:* Sociology 300: Sociology of Health and Medicine

*Course:* General Studies 125: College Transition Seminar

*Course:* Women and Gender Studies 362: Gender and the Prison System

**Teaching Faculty** | Prison Education Project at Washington University Spring 2024

*Course:* Sociology 220: Introduction to Sociology

*Course:* Women and Gender Studies 362: Gender and the Prison System

**Mentored Teaching Experience** | Prison Education Project at Washington University Fall 2023

*Course:* Sociology 220: Introduction to Sociology

Co-Instructor: Dr. David Cunningham

**Adjunct Faculty** | Saint Louis University Spring 2023

*Course:* Sociology 2490: Sociology of Medicine

**Mentored Teaching Experience** | Washington University in St. Louis Spring 2023

*Course:* Sociology 2020: Order and Change in Society

Professor Assisted: Dr. David Cunningham

**Teaching Assistant** | Washington University in St. Louis Fall 2022

*Course:* Interdisciplinary 310: The Politics of Reproduction

Professor Assisted: Dr. Rebecca Wanzo

**Mentored Teaching Experience** | Washington University in St. Louis Fall 2022

*Course:* Sociology 2580: Families and Social Inequality

Professor Assisted: Dr. Patrick Ishizuka

**Graduate Assistant** | University of New Mexico Spring 2021

*Courses:* Sociology 1110: Introduction to Sociology and Sociology 420: Sociology of Race and Ethnicity

Professor Assisted: Dr. Eli Wilson

**Graduate Assistant** | University of New Mexico Fall 2020

*Course:* Health, Medicine, and Human Values 1110: Contours of Health in New Mexico

Professor Assisted: Dr. Owen Whooley

**Graduate Assistant** | University of New Mexico Spring 2020

*Course:* Sociology 425: Life Course Criminology

Professor Assisted: Dr. Lisa Broidy

**Graduate Assistant** | University of New Mexico Fall 2019

*Course:* Sociology 423: Gender and Crime

Professor Assisted: Dr. Lisa Broidy

**Teaching Assistant** | Warren Wilson College Inside-Out Program Spring 2019

*Course:* Peace and Justice 110: Introduction to Peace and Justice Studies

Professor Assisted: Dr. Rima Vesely-Flad

## OTHER PROFESSIONAL EXPERIENCE

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**Interim Program Administrator** | Prison Education Project, WUSTL June 2024 – January 2025

- Managed PEP grant applications, administration, and reporting
- Applied for and coordinated Pell Grant funding
- Liaised with Missouri Department of Corrections to ensure continued programming at two state prisons

**Academic Program Manager** | Prison Education Project, WUSTL January 2024 – January 2025

- Coordinated educational programming at Women's Eastern Reception, Diagnostic, and Correctional Center in Vandalia, Missouri
- Acted as primary advisor to degree-seeking students
- Taught curriculum and assisted other PEP instructors with course logistics, standards, and preparations

**Tutor** | Prison Education Program, Washington University in St. Louis May 2022 – December 2023

- Tutored incarcerated students at WERDCC in Vandalia, MO

**Tutor** | Warren Wilson College August 2015 – May 2016

- Tutored students in college-level statistics and French I-IV

- Utilized problem-solving techniques to fuel student comprehension and empowerment
- Worked with peers to deepen my personal understanding of curriculum

**Science, Language Arts, and Math Intern** | Owen Middle School February – May 2016

- Created weekly lesson plans for students grades 6-8
- Stimulated engagement and empowerment around learning science
- Collaborated with peers and faculty to grow as a teacher and facilitator

## UNIVERSITY & PROFESSIONAL SERVICE

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Reviewer, *Feminist Criminology* February 2024

Graduate Representative of the Student Government Sociology Association (SGSA). August 2020 – May 2021

Treasurer of the Student Government Sociology Association (SGSA) August 2020 – May 2021

Secretary of the Student Government Sociology Association (SGSA) August 2019 – May 2020

## COMMUNITY SERVICE

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Community Board Member | **UNC Asheville Prison Education Program** August 2025 –

- Currently working with UNCA's Prison Education Program to advise the program's next stages
- Assisting with grant applications
- Facilitating reading group at the Buncombe County Detention Facility (BCDF)

Advocacy and Advisory Board Member | **Center for Women in Transition** August 2021 – December 2024

- Participated in policy advocacy and education on evidence-based re-entry practices
- Developed survey instruments for assessing program efficacy
- Analyzed court data on recidivism for program participants

Intern | **Inside-Out Prison Exchange Program** September 2018 – May 2019

- Navigated the carceral system to further develop the Inside-Out Prison Exchange Program between Warren Wilson College and the Swannanoa Correctional Center for Women (SCCW)
- Recorded student experiences with Inside-Out in order to document program efficacy
- Organized informational forums to generate community dialogue

## PROFESSIONAL ASSOCIATIONS

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Member, American Sociological Association

Member, Rural Sociological Association

## CERTIFICATIONS, TRAININGS, AND SKILLS

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Coach Practitioner | University of Central Florida August 2024

Bard Prison Initiative Summer Residency | Bard College July 2024

Birth Doula Training | Your Birth Connection, Bangor ME October 2016

Statistical programs | Stata, SPSS, R

Qualitative analysis software | Atlas.ti, Dedoose, NVivo

Other software | Excel, LaTeX